

# COVID-19 Coronavirus

THE BEST WAY TO PREVENT INFECTION IS TO AVOID BEING EXPOSED TO THIS VIRUS. HOWEVER, AS A REMINDER, CDC ALWAYS RECOMMENDS EVERYDAY PREVENTIVE ACTIONS TO HELP PREVENT THE SPREAD OF RESPIRATORY VIRUSES, INCLUDING:

THERE IS CURRENTLY NO VACCINE TO PREVENT COVID-19 (CORONAVIRUS) INFECTION.

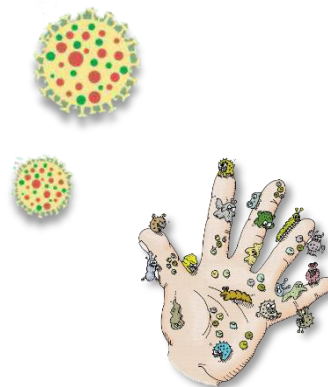
THE RISK TO THE GENERAL AMERICAN PUBLIC IS "LOW," ACCORDING TO THE CDC.



WASH YOUR HANDS OFTEN WITH SOAP AND WATER FOR AT LEAST 20 SECONDS, ESPECIALLY AFTER GOING TO THE BATHROOM; BEFORE EATING; AND AFTER BLOWING YOUR NOSE, COUGHING, OR SNEEZING.



IF SOAP AND WATER ARE NOT READILY AVAILABLE, USE AN ALCOHOL-BASED HAND SANITIZER WITH AT LEAST 60% ALCOHOL. ALWAYS WASH HANDS WITH SOAP AND WATER IF HANDS ARE VISIBLY DIRTY.



AVOID TOUCHING YOUR EYES, NOSE AND MOUTH WITH UNWASHED HANDS.



CLEAN AND DISINFECT FREQUENTLY TOUCHED OBJECTS AND SURFACES USING A REGULAR HOUSEHOLD CLEANING SPRAY OR WIPE.



AVOID TRAVEL IF YOU HAVE A FEVER AND COUGH.



STAY HOME WHEN YOU ARE SICK.



COVER YOUR COUGH OR SNEEZE WITH A TISSUE, THEN THROW THE TISSUE IN THE TRASH.



AVOID CLOSE CONTACT WITH PEOPLE WHO ARE SICK.

If you feel sick with fever, cough, or difficulty breathing, and have traveled to China or were in close contact with someone with COVID-19 in the 14 days before you began to feel sick, **seek medical care**. Before you go to a doctor's office or emergency room, call ahead and tell them about your recent travel and your symptoms.